

Iphepha Lemibuzo Ephathelene Nokwaneliseka Ngokunakekelwa Ngomuthi Wocwaningo (SMSQs)

Imibuzo elandelayo iphathelene nomuthi wakho wocwaningo kanye nohlangabezane nakho emasontweni ambalwa edlule. Ucelwa ukuba uphendule umbuzo ngamunye ngokukokelezela inombolo kuyo yonke imigqa enezinombolo ngezansi.

1. Waneliseke kangakanani ngokunakekelwa ngomuthi wakho wocwaningo owutholayo njengamanje?
nganeliseke kakhulu 6 5 4 3 2 1 0 anganelisekile neze
2. Waneliseke kangakanani nganoma imiphi imithelela emibi yomuthi wakho wocwaningo wamanje?
nganeliseke kakhulu 6 5 4 3 2 1 0 anganelisekile neze
3. Waneliseke kangakanani ngezinto ekudingeka ukuthi uzenze ngenxa yomuthi wakho wocwaningo wamanje?
nganeliseke kakhulu 6 5 4 3 2 1 0 anganelisekile neze
4. Mumva nje ukuthola kulula kangakanani ukunakekelwa kwakho ngomuthi wocwaningo?
kulula kakhulu 6 5 4 3 2 1 0 kungelula neze

NOT FOR USE: This is a shortened sample only.

For use of the full questionnaire please contact info@healthpsychologyresearch.com

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