

MemoryDQoL

This questionnaire asks about your quality of life – in other words how good or bad you feel your life to be.

Please choose the option that best indicates your response for each item.

First, we would like to know how you feel about your life now.

I) In general, my present quality of life is:						
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
excellent	very good	good	neither good nor bad	bad	very bad	extremely bad

Now we would like to know how your quality of life is affected by having memory / thinking problems and any associated treatment (including any side effects).

Memory / thinking problems may include:

- remembering
- thinking clearly
- concentrating
- making decisions

II) If I did <u>not</u> have memory / thinking problems, my quality of life would be:				
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
very much better	much better	a little better	the same	worse

NOT FOR USE: This copy is a sample only.

For use of the full questionnaire, please contact info@healthpsychologyresearch.com

The following items are about different aspects of your life. Each item is divided into two parts:

Part (a) considers how memory / thinking problems affect this aspect of your life;
 Part (b) considers how important this aspect is to your quality of life.

1	(a)	If I did <u>not</u> have memory / thinking problems, I could enjoy my interests and pastimes: <input type="checkbox"/> very much more <input type="checkbox"/> much more <input type="checkbox"/> a little more <input type="checkbox"/> the same <input type="checkbox"/> less
	(b)	For my quality of life, my interests and pastimes are: <input type="checkbox"/> very important <input type="checkbox"/> important <input type="checkbox"/> somewhat important <input type="checkbox"/> not at all important

2	(a)	If I did <u>not</u> have memory / thinking problems, getting out and about (e.g. on foot, or by car, taxi, bus or train) would be: <input type="checkbox"/> very much easier <input type="checkbox"/> much easier <input type="checkbox"/> a little easier <input type="checkbox"/> the same <input type="checkbox"/> more difficult
	(b)	For my quality of life, getting out and about is: <input type="checkbox"/> very important <input type="checkbox"/> important <input type="checkbox"/> somewhat important <input type="checkbox"/> not at all important

3	Do you, or did you ever, go on holiday? Yes <input type="checkbox"/> If yes , complete (a) and (b). No <input type="checkbox"/> If no , go straight to 4.
	(a) If I did <u>not</u> have memory / thinking problems, my holidays would be: <input type="checkbox"/> very much better <input type="checkbox"/> much better <input type="checkbox"/> a little better <input type="checkbox"/> the same <input type="checkbox"/> worse
	(b) For my quality of life, holidays are: <input type="checkbox"/> very important <input type="checkbox"/> important <input type="checkbox"/> somewhat important <input type="checkbox"/> not at all important

NOT FOR USE: This copy is a sample only.

For use of the full questionnaire, please contact info@healthpsychologyresearch.com