

EXPERIENCE OF TREATMENT BENEFITS AND BARRIERS

In this section, please circle one of the numbers on each of the scales to indicate how strongly you agree or disagree with each of the following statements.

On these scales : 6 = strongly agree
 5 = moderately agree
 4 = slightly agree
 3 = neither agree nor disagree
 2 = slightly disagree
 1 = moderately disagree
 0 = strongly disagree

	strongly disagree							strongly agree
1. Regular, controlled exercise helps in the management of my diabetes	0	1	2	3	4	5	6	
2. Managing my diabetes well restricts my entire lifestyle	0	1	2	3	4	5	6	
3. Managing my diabetes well interferes with my work (paid or unpaid, including household tasks)	0	1	2	3	4	5	6	
4. The risk of insulin reactions (lows) is reduced if I eat meals at regular intervals	0	1	2	3	4	5	6	