

EXPERIENCE OF TREATMENT BENEFITS AND BARRIERS

In this section, please circle one of the numbers on each of the scales to indicate how strongly you agree or disagree with each of the following statements.

On these scales: 6 = strongly agree
5 = moderately agree
4 = mildly agree
3 = neither agree nor disagree
2 = mildly disagree
1 = moderately disagree
0 = strongly disagree

	strongly disagree						strongly agree
1. Regular exercise helps in the management of my diabetes	0	1	2	3	4	5	6
2. Controlling my diabetes properly imposes restrictions on my whole lifestyle	0	1	2	3	4	5	6
3. Controlling my diabetes properly interferes with my work (paid or unpaid) and/or housework	0	1	2	3	4	5	6
4. The risk of insulin reactions (low blood sugars) is reduced if I eat meals at regular intervals	0	1	2	3	4	5	6

For information only

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