

ThyDQoL

This questionnaire asks about your quality of life and how it has been affected by underactive thyroid.

Your quality of life is how good or bad you feel your life to be.

There are no right or wrong answers.

Section A

The questions on this page are broad overview questions.

Please check the box that best indicates your response.

The first question asks about your general quality of life.

I) In general, my present quality of life is:

- | | | | | | | |
|--------------------------|--------------------------|--------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| excellent | very good | good | neither
good nor
bad | bad | very bad | extremely
bad |

The next question asks about the impact of your underactive thyroid and any thyroid treatment on your quality of life *in recent weeks*.

II) If I did not have underactive thyroid, my quality of life would be:

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| very much
better | much
better | a little
better | the same | worse |

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Section B

The following questions are about how underactive thyroid has affected different aspects of your life **in recent weeks**. If you are currently being treated for underactive thyroid, please consider the effects of **your condition as it is with your current treatment**.

Part (a): Check **one** box to show how underactive thyroid and any treatment affect this aspect of your life.

Part (b): Check **one** box to show how important this aspect of life is to your quality of life.

1 (a)	If I did <u>not</u> have underactive thyroid, I would enjoy the things I do in my spare time:
	<input type="checkbox"/> very much more <input type="checkbox"/> much more <input type="checkbox"/> a little more <input type="checkbox"/> the same <input type="checkbox"/> less
(b)	The things I do in my spare time are:
	<input type="checkbox"/> very important <input type="checkbox"/> important <input type="checkbox"/> somewhat important <input type="checkbox"/> not at all important

2	Are you currently working? Yes <input type="checkbox"/> No <input type="checkbox"/> If no, do you want to work? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes to either question, complete (a) and (b). If no to both questions, go straight to Question 3 .
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(a)	If I did <u>not</u> have underactive thyroid, my working life would be:
	<input type="checkbox"/> very much better <input type="checkbox"/> much better <input type="checkbox"/> a little better <input type="checkbox"/> the same <input type="checkbox"/> worse
(b)	For me, working life is:
	<input type="checkbox"/> very important <input type="checkbox"/> important <input type="checkbox"/> somewhat important <input type="checkbox"/> not at all important

3	Do you ever want to go on vacation? Yes <input type="checkbox"/> If yes , complete (a) and (b). No <input type="checkbox"/> If no , go straight to Question 4 .
(a)	If I did <u>not</u> have underactive thyroid, my vacations would be:
	<input type="checkbox"/> very much better <input type="checkbox"/> much better <input type="checkbox"/> a little better <input type="checkbox"/> the same <input type="checkbox"/> worse
(b)	For me, vacations are:
	<input type="checkbox"/> very important <input type="checkbox"/> important <input type="checkbox"/> somewhat important <input type="checkbox"/> not at all important

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