ADDQoL

This questionnaire asks or bad you feel your life	•	quality of life -	- in other wo	ords how good				
Please put an "X" in the box that best indicates your response for each item.								
What we would like to know is how you feel about your life now.								
I) In general, my pres	ent quality of I	ife is:						
excellent very god	od good	neither good nor bad	bad very	bad extremely bad				
Now we would like to know how your quality of life is affected by your diabetes, its management and any complications you may have.								
II) If I did <u>not</u> have dia	betes, my qual	ity of life woul	d be:					
very much better	much better	a little better	the same	worse				
<								

Please respond to the more specific statements on the following pages. For each aspect of life described, you will find two parts: For Part (a): put an "X" in one box to show how diabetes affects this aspect of your life; put an "X" in one box to show how important this aspect of your life is to For Part (b): your quality of life. If I did <u>not</u> have diabetes, I would enjoy my leisure activities: (a) very much more much more a little more the same less My leisure activities are: (b) important somewhat important very important not at all important 2 Are you currently working, looking for work or would you like to work? Yes If yes, complete (a) and (b) If **no**, go straight to **3a**. If I did <u>not</u> have diabetes, my working life would be: very much better much better a little better the same worse For me, having a working life is: (b) somewhat important not at all important very important important

3 (2	If I did <u>not</u> have diabetes, local or long distance journeys would be:								
)	lacktriangle								
	very much easier	much easier	a little easier	the same	more difficult				
(k	For me, local or long distance journeys are:								
	very important	importa	nt somev	hat important	not at all important				