

## EXPERIENCE OF TREATMENT BENEFITS AND BARRIERS

In this section would you please circle one of the numbers on each of the scales to indicate how strongly you agree or disagree with each of the following statements.

On these scales

- 0 would indicate that you strongly disagree
- 1 = moderately disagree
- 2 = mildly disagree
- 3 = neither agree nor disagree
- 4 = mildly agree
- 5 = moderately agree
- 6 = strongly agree

		strongly disagree					strongly agree
1. By careful planning of diet and exercise, I can control my diabetes at least as well as most other people with diabetes	0	1	2	3	4	5	6
2. Sticking to my diet makes eating out difficult	0	1	2	3	4	5	6

**This copy is for information only - for use, please contact Professor Bradley**