

## DOLoC Questionnaire

This is a questionnaire designed to determine the way in which different people view the possibility of developing diabetes. Each item is a belief statement with which you may agree or disagree. Beside each statement is a scale which ranges from strongly disagree (1) to strongly agree (6). For each item we would like you to circle the number that represents the extent to which you disagree or agree with the statement. The more strongly you *agree* with a statement, then the *higher* will be the number you circle. The more strongly you *disagree* with the statement, then the *lower* will be the number you circle. Please make sure that you answer every item and that you *circle only one number* per item. This is a measure of your personal beliefs; there are, therefore, no right or wrong answers.

Please answer these items carefully, but do not spend too much time on any one item. As much as you can, try to respond to each item independently. When making your choice, do not be influenced by your previous choices. It is important that you respond according to your actual beliefs and not according to how you feel you should believe or how you think we want you to believe.

	<b>Strongly Disagree</b>	<b>Moderately Disagree</b>	<b>Slightly Disagree</b>	<b>Slightly Agree</b>	<b>Moderately Agree</b>	<b>Strongly Agree</b>
1. Whether or not I get diabetes depends largely on my own efforts.	1	2	3	4	5	6
2. My work and/or domestic situation has a large influence on whether I develop diabetes.	1	2	3	4	5	6

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