

Imibuzo Ephathelene Nokwaneliseka Ngokwelashwa Kwesifo Sikashukela: DTSQs

Imibuzo elandelayo iphathelene nokwelashwa kwesifo sakho sikashukela (ngo mjovo we-insulin, amaphilisi kanye/noma ngendlela oyalwe ukuthi udle ngayo) nendlela okuthole kuyikho ukwelashwa kwakho kula maviki ambalwa adlule. Ucelwa ukuba uphendule umbuzo ngamunye ngokukokelezela inombolo esilinganisweni ngasinye.

1. Waneliseke kangakanani ngokwelashwa okuthola njengamanje?

nganeliseke kakhulu 6 5 4 3 2 1 0 anganelisekile neze

2. Bekujwayeleke kangakanani muva nje ukuthi uzwe sengathi ushukela ubuphezulu ngendlela engamukeleki egazini lakho?

izikhathi eziningi 6 5 4 3 2 1 0 akwenzekanga

Uyacelwa ukuthi uqinisekise ukuthi ukokelezele inombolo eyodwa esilinganisweni ngasinye.